



My mind and body work as one to achieve my
career goals

My mind and body work together as I focus on new career goals. I am confident that I have the strength and ability to reach new levels of achievement in my career.

I am focused on my career goals because I want to see results.

Both my mind and body are committed to reaching

these new targets. I have the talent and skills necessary to see my goals become reality. I can enhance my expertise by focusing on the necessary requirements.

I can use networking to achieve my goals faster because my mind and body work quickly in any situation.

I have a clear vision of what I want to achieve with my career, so I can move toward it with ease. My ability to set goals is part of my talent core.

I use the resources available to me to make my career dreams come true. I take calculated chances that bring me closer to

my objective and see new opportunities appear before me.

Today, I recognize the powerful impact both my mind and body have on my career goals. I use them both to the best of my ability to move forward toward the job of my dreams.

SELF-REFLECTION QUESTIONS

1. How can I make sure my mind and body work in sync to make my career goals come true?
2. How can I get the support of others as I work toward my career goals?
3. What can I do to see my goals become reality more quickly?